# Facts, Fads and Fancies ACTIVITIES IN THE WCRLD OF WOMEN

Things of Interest That Women Are Doing.

#### WEDDING INVITATIONS MEAN "PLEASE REMIT"

Perverse Postoffice Clerks Don't Realize That Straying of Lattle Stereotyped Notice May Mean Not Only Severing of Happy Relationships Between Two Families, but Also Loss to Bride and Groom of a Valuable Gift.

a bride and many a bride's family, to a fouring car with arrivery waveled out of a fight place, and to modify and a nose as long as that of Cyrane and a nose as long as that of Cyrane de Bergerac. In propertion to its the socially eligible class in the such bish sense of the term, who have recrived no engraved request to lend to the occasion the influence of his or her presence.

Such a stir has been caused by the loudly dinned into the ears of the failure of a barrel or so of invitations to the Inddle-Duke wedding, sometimes carelessis the missives of interest in New York and Philatonnmitted to their care. delphia society, to be delivered that It is customary at firshionable an investigation is demanded of the weddings to employ a detective or

worlding invitation lost or chucked Louisville Courier-Journal

That large numbers of wedding in- into the waste basket may mean not vitations fail to reach their destina- tionships between the members of tion whenever a wedding of great two families or clans, but also the social importance occurs is a tradi- loss to the bride and bridegroom of tion which has served to get many anything from a siender salad fork a bride, and many a bride's family. To a fouring car with artifler, wheels

an investigation is demanded of the Philadelphia postmaster to determine who should be blamed.

An avaianche of wedding invitations may appear to hasy postoffice clerks as a silly manifestation of the estentations ways of the socially supreme, and spectacular, that deserve no encouragement alongside of the honest efforts of the proprietor of an efficacious pill to put suffering humanity in the way of getting relief by sending one million circulars through the mail. But the binary projecturian is wrong in his estimate of the relative importance of the pill projecturian is wrong in his estimate of the relative importance of the pill prospectus, with its promise of health and happiness, and the sample stero-

prospectus, with its promise of health and happiness, and the simple stero-typed notice that the recipient is deemed a fit person to be on hand when the marriage takes place, and is one whose gift will be no affront to the contracting parties.

There he also to be considered the economic importance of the wedding invitation. That is a matter concerning which the postoffice clerks may not be fully informed. They may not as a class, realize that one wedding invitation lost or chucked

#### Hot Water Has Curative Value,

First said vegetables.

East fruit every day if you would be seen every so you would be applied as not as can be horne by means of a cloth disped in the water and laid on the wounded part, or by immersion, if convonitod, and the treatment kept up until relief is obtained. For pains resulting from indigestion, a cupil of bot water, and laid over the seaf of the pain and renewed every ten minutes or offeners, will aid the relief in severe cases. For insomalia, when "too tired to sleep," as we sometimes say, bathe the neck and temples, the back of the neck particularly. This seems to relax the muscles, and the blood vessels that supply the brain. The same treatment will refresh during the day, and a headache may often be relieved by H.

East fruit every day art fyou would be well cube at fruit every day art fyou would a fresh and bodies as fresh ones, but when the first can be obtained fresh as better than dabless fresh ones, but when the first can be obtained they have better than dabless fresh ones, but when the first can be obtained they have the first can be obtained they have present and bodies fresh can be obtained they have seen elected fellow of the Royal loads, and the likely vegetables of the bulky vegetables of the bulky vegetables of the bulky vegetables of the bulky vegetables.

Save a little of the vegetables of the principle of the Athabascan the pure of the Athabascan the carrier tribe of the Athabascan the pure of the A Hot water, if used with common Eat fruit every day if you would be

#### Fruits and Vegetables.

Russian Corroft knows a lot about your heals with your leady as in the property of the batter before baking it. A delicious crust poise and nose and exercise and the picture you express your ideals on before baking it will form, and it will not need frost

THE TONIC YOUR CHILD NEEDS

#### "A CHILD SHALL LEAD THEM" OF THE ALPINE CLUB

How a Street Car Feud Reached a Happy Climax.

The car was growded with fired of the case we now would of the wirth workers going home. There were according to the case we now would of the wirth workers going home. There were according to the case we now would of the wirth workers going home. There were worked with the case we now would of the wirth workers going home. There were worked with the case we now would not be carried to the case of th

Hints for the Household

White silk lare should be washed very carefully in a lukewarm soda, with a little borax or amnuous in E



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#### THINK YOURSELF TO BEAUTY

poise and once and exercise and the influence of body on mind and vice versa, but a woman at her talk at the Astron the other day forced her to confess ignorance in a matter that is uppermost in many a woman's mind. This woman plumped out the question:

"The woman plumped out the question:

"How can I get rid of 40 pounds in two months?"

"I don't know," Miss clocroft replied with a large that hid her confusion, but she told the women in her audience how to "build up a neck" Times

"Times"

"The is no new woman. The woman. The woman The woman to have more and locality and not remember that the bright and creamy.

"The is no new woman. The woman The woman to have a no have woman. The woman to have a no have woman to have a no have woman. The woman to have a no have woman. The woman to have a no have woman. The woman to have a no have woman to have a no have woman to have a no have woman to have the same, but our horizontal value in the street as in the home. We need to have need to have a not ha influence of body on mind and vice your walls.

plied with a burgh that hid her con-fusion, but she told the women in her audience how to "build up a neck" "You must stand correctly and not approximate that correctly and not slump, squage your shoulders, get polse of the shoulders, polse of the shoulders, polse of the life and polse of the head. Then if you are thin you need more flesh, Reheation and a milk diet will do that."

So large and lence greeted Miss Cockin. She is all the wannen how to be lafth good and beautiful. Being good would come pretty rear to accomplishing both ends, she said.

Mose Cocroft walked droopingly across the platform and everyone knew she was depressed and depression is a very bad thing. When your figure droops you not only compress your buss, but your stomach sets out of place, and no end of troubles follow. That's about the polse of the debutante who has the one-time fashi trable blouch, and Miss Cocroft says it is well that the fad is passing. Even the mild get's a warp through it and tiere is no knowing what tragedies "You don't have to see the faces of your will know their" state of which was supposed to know whether they have refinement, or of what they are thinking. Just see them across the street and you will know their state of what was probably and lots of play in the outself of your will know their state of "You don't have to see the faces of you will know their state of "You don't have to see the faces of you will know their state of "You don't have to see the faces of you will know their state of "You don't have to see the faces of you should have known if she had not told it that she was enjoying a "Lambetter than, your "Follows" would not state of depression," abe said. "You should never allow yourself to get into a state of depression," are provided by the first of the stage the chest raised, and the and inner immediately knew — it would that she was enjoying a "Lambetter tert. than, you "Follows to be decouraged. When a person sees nothing in life it is a reflection upon the Creator Werry and anyety are the work men any strength of the woman of today and the corn and strain the post of the woman of today and the provided that we have not the post of the woman of today and the provided that we have not the post of the woman of today and the provided that we have not the post of the woman of the post of the woman of today and the provided that the table provided that the fall the provided th

objectionable Odors Removable.

The fishy smell on knives and forks after salmon and other fish have been served may be easily removed by rubbing them with a slice of lemon. To remove the odor of onions from the breath, cat parsley; to take it off the hands, rub them with celery. To make it mended the tomato pulp, and bits of finely chopped cold meat available with a half cup of bread crumbs and sait and pepper to taste. Cook five minutes, add a beaten egg and fill the mixture into the tomato shells. Cover with buttered crumbs and bake in a hot oven fifteen minutes. Leftover spaghetti or macaroni may be used for filling if desired. In this case omit the egg and use the tomato pulp for soup or sauce. Worry and anxiety are the worst mentice of the woman of today and the case of the woman of today and the case thing that she needs more than anything elso is relaxation—to let go. When a person is frightened she may faint. Worry is fear. Worry, fear, anger and haired are the forces that keep our boltes unrelaxed, then the gastric indees will not flow, and in every way we feel the evil effects. "We must keep our thoughts in the right direction and we must do that in the beginning. Thoughts are like a flowing river—when they have made a doep charnel it requires a strong force to turn them. They can easily be combatted by love and kindness. 'Agree with thine adversary quickly.'"

Tomators With Spaghetti and Macanity has a pleasant household deodorizer pour bleatonate of the minutes, add a beaten egg and fill the mixtures add a beaten egg and fill the mixtures with hut-time a wide for lawner over tightly when not in use. When you wish to use it, merely open the bottle and let it remain open a few minutes. It is also good to inhale when one has a headache. If you like to have the odor of violets about your clothing, put a goodsize piece of orris root in the boiler when boiling the clothes and a delicate perfume will result. Milk, butter and flour should be kept at a distance from all undesirable odors, as few things absorb more readily than these foods.

Tomators With Spaghetti and Macanity has a proper worth bles come on the wash the scale two or three times.

cuickly."

Beauty is no longer vanity; it is use, and the speaker "We can't all be beautiful, but we can have beauty of soul. Make as much of the body no your can. Place a beautiful figure on your wall and compare that with the lines of your own body. Express to matoes with Spagnetti and Macaroni.

As spring vegetables come on the market new ways of preparing them to demand. When the scale two or three times each week. You can wet the tips of your fingers and rub the scale and not wash the scale two or three times each week. You can wet the tips of your fingers and rub the scale and macaroni.

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